

Junior Nm langrenn

Stafett resultater

GUTTER

| Plass | Lag | Etappe Tid | Etter | Total Tid | Etter | Endring |
|-----------|-----------------------------|---------------|-------|----------------|--------------|---------|
| 1 | Nord-Trøndelag lag 1 | | | 1:11:47 | | |
| | Birger Tunset | 18:35 6 | 00:30 | 18:35 6 | 00:30 | |
| | Jonas Kolstad | 18:18 6 | 13:26 | 36:53 2 | 00:10 | 4 |
| | Johan Kjølstad | 17:33 2 | 00:03 | 54:26 1 | 00:00 | 1 |
| | Eldar Rønning | 17:21 1 | 00:00 | 1:11:47 1 | 00:00 | 0 |
| 2 | Oppland lag 1 | | | 1:12:38 | 00:51 | |
| | Thomas Losnegård | 18:26 3 | 00:21 | 18:26 3 | 00:21 | |
| | Eivind J Pedersen | 18:17 5 | 13:25 | 36:43 1 | 00:00 | 2 |
| | Morten Ask | 18:02 11 | 00:32 | 54:45 2 | 00:19 | -1 |
| | Øystein Solbjørg | 17:53 6 | 00:32 | 1:12:38 2 | 00:51 | 0 |
| 3 | Buskerud lag 1 | | | 1:12:48 | 01:01 | |
| | Børre Næss | 18:05 1 | 00:00 | 18:05 1 | 00:00 | |
| | Per Øyvind Mythe | 19:01 9 | 14:09 | 37:06 3 | 00:23 | -2 |
| | Gard F Gjerdalen | 17:39 4 | 00:09 | 54:45 2 | 00:19 | 1 |
| | Tord A. Gjerdalen | 18:03 7 | 00:42 | 1:12:48 3 | 01:01 | -1 |
| 4 | Oslo lag 1 | | | 1:13:29 | 01:42 | |
| | Thomas Kjustad | 19:12 13 | 01:07 | 19:12 13 | 01:07 | |
| | Carl W Kaas | 19:08 11 | 14:16 | 38:20 11 | 01:37 | 2 |
| | Erling Christiansen | 17:30 1 | 00:00 | 55:50 6 | 01:24 | 5 |
| | Øystein Pettersen | 17:39 2 | 00:18 | 1:13:29 4 | 01:42 | 2 |
| 5 | Sør-Trøndelag lag 1 | | | 1:13:33 | 01:46 | |
| | Vegard Sande | 18:47 7 | 00:42 | 18:47 7 | 00:42 | |
| | John Stene | 18:34 7 | 13:42 | 37:21 5 | 00:38 | 2 |
| | Arve Næss Kjøsnes | 18:00 10 | 00:30 | 55:21 4 | 00:55 | 1 |
| | Jan Gisle Granmo | 18:12 8 | 00:51 | 1:13:33 5 | 01:46 | -1 |
| 6 | Akershus lag 1 | | | 1:13:35 | 01:48 | |
| | Simen Østensen | 18:32 5 | 00:27 | 18:32 5 | 00:27 | |
| | Helge M Olsen | 19:21 14 | 14:29 | 37:53 7 | 01:10 | -2 |
| | Morten Eilifsen | 17:57 9 | 00:27 | 55:50 6 | 01:24 | 1 |
| | Arne Post | 17:45 3 | 00:24 | 1:13:35 6 | 01:48 | 0 |
| 7 | Hedmark lag 1 | | | 1:13:54 | 02:07 | |
| | Rune Müller | 18:20 2 | 00:15 | 18:20 2 | 00:15 | |
| | Olav Grindflek jr | 18:53 8 | 14:01 | 37:13 4 | 00:30 | -2 |
| | Steffen R Plassgård | 18:22 17 | 00:52 | 55:35 5 | 01:09 | -1 |
| | Morten Sætha | 18:19 9 | 00:58 | 1:13:54 7 | 02:07 | -2 |
| 8 | Oppland lag 3 | | | 1:14:16 | 02:29 | |
| | Ole Chr Mork | 18:59 10 | 00:54 | 18:59 10 | 00:54 | |
| | Even Sletten | 19:07 10 | 14:15 | 38:06 8 | 01:23 | 2 |
| | Ola Erik H. Moe | 17:44 5 | 00:14 | 55:50 6 | 01:24 | 2 |
| | Inge Kristoffersen | 18:26 10 | 01:05 | 1:14:16 8 | 02:29 | -2 |
| 9 | Oslo lag 2 | | | 1:14:34 | 02:47 | |
| | Martin J Sundby | 18:47 7 | 00:42 | 18:47 7 | 00:42 | |
| | Anders R Nygaard | 19:29 16 | 14:37 | 38:16 10 | 01:33 | -3 |
| | Kjetil Dammen | 17:35 3 | 00:05 | 55:51 9 | 01:25 | 1 |
| | Jon H. Pedersen | 18:43 13 | 01:22 | 1:14:34 9 | 02:47 | 0 |
| 10 | Akershus lag 2 | | | 1:15:00 | 03:13 | |
| | Sturla Kaasa | 19:03 11 | 00:58 | 19:03 11 | 00:58 | |
| | Magnus Sæves | 19:09 12 | 14:17 | 38:12 9 | 01:29 | 2 |
| | Kristian I øvlie | 17:54 6 | 00:24 | 56:06 10 | 01:40 | - |

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|-----------|-------------------------------|----------|-------|----------------|--------------|-----|
| 11 | Møre&Romsdal lag 1 | | | 1:15:43 | 03:56 | |
| | Tore M. Ødegård | 19:26 26 | 01:21 | 19:26 26 | 01:21 | |
| | Stig Rune Lund | 20:08 33 | 15:16 | 39:34 23 | 02:51 | 3 |
| | Ole I Stakvik Eide | 18:19 | 00:49 | 57:53 | 03:27 | 23 |
| | Frode Hansen | 17:50 4 | 00:29 | 1:15:43 11 | 03:56 | -11 |
| 12 | Østfold lag 1 | | | 1:15:58 | 04:11 | |
| | Ola Hattestad | 18:26 3 | 00:21 | 18:26 3 | 00:21 | |
| | Per Ola Gasmann | 19:57 26 | 15:05 | 38:23 12 | 01:40 | -9 |
| | Thomas Jørgensen | 17:54 6 | 00:24 | 56:17 11 | 01:51 | 1 |
| | Sverre Sørensen | 19:41 42 | 02:20 | 1:15:58 12 | 04:11 | -1 |
| 13 | Vestfold lag 1 | | | 1:15:59 | 04:12 | |
| | Fredrik S Lille | 19:39 28 | 01:34 | 19:39 28 | 01:34 | |
| | Kristian Horntvedt | 18:08 4 | 13:16 | 37:47 6 | 01:04 | 22 |
| | Simen Fredriksen | 18:59 36 | 01:29 | 56:46 12 | 02:20 | -6 |
| | Tor Harald Herland | 19:13 30 | 01:52 | 1:15:59 13 | 04:12 | -1 |
| 14 | Hedmark lag 2 | | | 1:16:08 | 04:21 | |
| | Eivind G Opsahl | 18:54 9 | 00:49 | 18:54 9 | 00:49 | |
| | Leif Arne Müller | 20:06 32 | 15:14 | 39:00 17 | 02:17 | -8 |
| | Petter Leistad | 18:22 17 | 00:52 | 57:22 14 | 02:56 | 3 |
| | Kjell Arne B. Johnsen | 18:46 15 | 01:25 | 1:16:08 14 | 04:21 | 0 |
| 15 | Hordaland lag 1 | | | 1:16:13 | 04:26 | |
| | Torkjell Lunde Børsheim | 19:19 19 | 01:14 | 19:19 19 | 01:14 | |
| | Pål Kvinge | 21:09 60 | 16:17 | 40:28 40 | 03:45 | -21 |
| | Karsten J. Tornes | 17:55 8 | 00:25 | 58:23 25 | 03:57 | 15 |
| | Chris Jespersen | 17:50 4 | 00:29 | 1:16:13 15 | 04:26 | 10 |
| 16 | Nord-Trøndelag lag 2 | | | 1:16:17 | 04:30 | |
| | Gunnar Wahre | 19:17 16 | 01:12 | 19:17 16 | 01:12 | |
| | Bård Raunem | 19:43 20 | 14:51 | 39:00 17 | 02:17 | -1 |
| | Marius Iversen | 18:21 16 | 00:51 | 57:21 13 | 02:55 | 4 |
| | Jo A. Læum | 18:56 20 | 01:35 | 1:16:17 16 | 04:30 | -3 |
| 16 | Oslo lag 3 | | | 1:16:17 | 04:30 | |
| | Lars Kr. Øren | 19:17 16 | 01:12 | 19:17 16 | 01:12 | |
| | Nicolai Martinsen | 19:35 18 | 14:43 | 38:52 15 | 02:09 | 1 |
| | Even Dombu Sagnes | 18:36 22 | 01:06 | 57:28 16 | 03:02 | -1 |
| | Anders Rommen Syvertsen | 18:49 16 | 01:28 | 1:16:17 16 | 04:30 | 0 |
| 18 | Akershus lag 3 | | | 1:16:33 | 04:46 | |
| | Hans A. Grønnevold | 34:06 86 | 16:01 | 34:06 86 | 16:01 | |
| | Harald Løvenskiold | 04:52 1 | 00:00 | 38:58 16 | 02:15 | 70 |
| | Sigurd-Erik N. Mayer | 18:25 19 | 00:55 | 57:23 15 | 02:57 | 1 |
| | Jonas Udenes | 19:10 28 | 01:49 | 1:16:33 18 | 04:46 | -3 |
| 19 | Sør-Trøndelag lag 2 | | | 1:16:45 | 04:58 | |
| | Lars Jensen | 19:25 23 | 01:20 | 19:25 23 | 01:20 | |
| | Lars Moholt | 20:12 37 | 15:20 | 39:37 26 | 02:54 | -3 |
| | Morten Svinsås | 18:03 13 | 00:33 | 57:40 17 | 03:14 | 9 |
| | Petter Eliassen | 19:05 24 | 01:44 | 1:16:45 19 | 04:58 | -2 |
| 20 | Nordland lag 1 | | | 1:16:50 | 05:03 | |
| | Erik Bakkejord | 19:13 14 | 01:08 | 19:13 14 | 01:08 | |
| | Anders Myrland | 19:29 16 | 14:37 | 38:42 14 | 01:59 | 0 |
| | Anders Megård | 19:33 47 | 02:03 | 58:15 24 | 03:49 | -10 |
| | Anders S. Bjellånes | 18:35 11 | 01:14 | 1:16:50 20 | 05:03 | 4 |

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|-----------|-----------------------------|----------|-------|----------------|--------------|-----|
| 21 | Oslo lag 5 | | | 1:17:02 | 05:15 | |
| | Espen Kjellberg | 19:43 31 | 01:38 | 19:43 31 | 01:38 | |
| | Kristian Braathen | 19:53 25 | 15:01 | 39:36 25 | 02:53 | 6 |
| | Kjell C. Marliset | 18:14 14 | 00:44 | 57:50 19 | 03:24 | 6 |
| | Kristoffer H Myhre | 19:12 29 | 01:51 | 1:17:02 21 | 05:15 | -2 |
| 22 | Oppland lag 2 | | | 1:17:05 | 05:18 | |
| | Knut Arild Ringen | 19:25 23 | 01:20 | 19:25 23 | 01:20 | |
| | Torbjørn Remmen | 19:47 22 | 14:55 | 39:12 19 | 02:29 | 4 |
| | Espen Østlien | 18:55 32 | 01:25 | 58:07 23 | 03:41 | -4 |
| | Pål Borgen | 18:58 21 | 01:37 | 1:17:05 22 | 05:18 | 1 |
| 23 | Akershus lag 4 | | | 1:17:08 | 05:21 | |
| | Audun Weltzin | 19:19 19 | 01:14 | 19:19 19 | 01:14 | |
| | Per Einar Halvorsen | 20:28 47 | 15:36 | 39:47 31 | 03:04 | -12 |
| | Atle Bjerklie | 18:02 11 | 00:32 | 57:49 18 | 03:23 | 13 |
| | Carl Jørgen Owre | 19:19 34 | 01:58 | 1:17:08 23 | 05:21 | -5 |
| 24 | Oppland lag 5 | | | 1:17:13 | 05:26 | |
| | Inge Grythe | 19:33 27 | 01:28 | 19:33 27 | 01:28 | |
| | Oddvar Offigstad | 20:11 36 | 15:19 | 39:44 28 | 03:01 | -1 |
| | Arne Krogsveen | 18:45 27 | 01:15 | 58:29 26 | 04:03 | 2 |
| | Lars Bjegberud | 18:44 14 | 01:23 | 1:17:13 24 | 05:26 | 2 |
| 25 | Nord-Trøndelag lag 3 | | | 1:17:17 | 05:30 | |
| | Bernhard Rønning | 19:25 23 | 01:20 | 19:25 23 | 01:20 | |
| | Kristian T. Rennemo | 19:50 23 | 14:58 | 39:15 20 | 02:32 | 3 |
| | Ole Johan Jørstad | 18:36 22 | 01:06 | 57:51 21 | 03:25 | -1 |
| | Jon Å. Aune | 19:26 36 | 02:05 | 1:17:17 25 | 05:30 | -4 |
| 26 | Nordland lag 2 | | | 1:17:20 | 05:33 | |
| | Vegard Lorentzen | 20:01 37 | 01:56 | 20:01 37 | 01:56 | |
| | Morten Gryt | 20:15 39 | 15:23 | 40:16 38 | 03:33 | -1 |
| | Thomas Valnes | 18:28 20 | 00:58 | 58:44 32 | 04:18 | 6 |
| | Tord Heggdal | 18:36 12 | 01:15 | 1:17:20 26 | 05:33 | 6 |
| 27 | Hordaland lag 2 | | | 1:17:24 | 05:37 | |
| | Jo Harald Færø | 20:05 39 | 02:00 | 20:05 39 | 02:00 | |
| | Viljar Steinsland | 20:14 38 | 15:22 | 40:19 39 | 03:36 | 0 |
| | Lars Arne Mo | 18:15 15 | 00:45 | 58:34 28 | 04:08 | 11 |
| | Lars Litlere | 18:50 17 | 01:29 | 1:17:24 27 | 05:37 | 1 |
| 28 | Buskerud lag 2 | | | 1:17:26 | 05:39 | |
| | Endre Birkeland | 19:20 21 | 01:15 | 19:20 21 | 01:15 | |
| | Jake Whitcomb | 20:02 29 | 15:10 | 39:22 22 | 02:39 | -1 |
| | Eivind Bjørntvedt | 18:28 20 | 00:58 | 57:50 19 | 03:24 | 3 |
| | Øystein Teslo-Andersen | 19:36 40 | 02:15 | 1:17:26 28 | 05:39 | -9 |
| 29 | Oppland lag 6 | | | 1:17:30 | 05:43 | |
| | Magnus Svingheim | 19:16 15 | 01:11 | 19:16 15 | 01:11 | |
| | Vegard Stensæter | 20:18 41 | 15:26 | 39:34 23 | 02:51 | -8 |
| | Eistein R. Hegge | 18:56 35 | 01:26 | 58:30 27 | 04:04 | -4 |
| | Ynge Hoel | 19:00 22 | 01:39 | 1:17:30 29 | 05:43 | -2 |
| 30 | Telemark lag 1 | | | 1:17:59 | 06:12 | |
| | Øystein Slette-meås | 20:34 53 | 02:29 | 20:34 53 | 02:29 | |
| | Ole S Kaalstad | 19:19 13 | 14:27 | 39:53 33 | 03:10 | 20 |
| | Erik Hogner | 18:48 29 | 01:18 | 58:41 31 | 04:15 | 2 |
| | Tommy Lindskog | 19:18 33 | 01:57 | 1:17:59 30 | 06:12 | 1 |

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|-----------|--------------------------------|----------|-------|----------------|--------------|-----|
| 31 | Oppland lag 4 | | | 1:18:14 | 06:27 | |
| | Henrik Olimb | 19:10 12 | 01:05 | 19:10 12 | 01:05 | |
| | Per Jørstad | 20:05 30 | 15:13 | 39:15 20 | 02:32 | -8 |
| | Tore Krogsveen | 18:42 25 | 01:12 | 57:57 22 | 03:31 | -2 |
| | Stian Sommerseth | 20:17 55 | 02:56 | 1:18:14 31 | 06:27 | -9 |
| 32 | Sogn&Fjordane lag 1 | | | 1:18:21 | 06:34 | |
| | Asgeir Årdal | 19:48 33 | 01:43 | 19:48 33 | 01:43 | |
| | Henning Barlund | 19:59 27 | 15:07 | 39:47 31 | 03:04 | 2 |
| | Krister Haugsbø | 18:48 29 | 01:18 | 58:35 29 | 04:09 | 2 |
| | Jan Arild Halland | 19:46 44 | 02:25 | 1:18:21 32 | 06:34 | -3 |
| 33 | Sør-Trøndelag lag 3 | | | 1:18:31 | 06:44 | |
| | Terje Maroni | 20:34 53 | 02:29 | 20:34 53 | 02:29 | |
| | Per Egil Bjørgen | 20:19 43 | 15:27 | 40:53 43 | 04:10 | 10 |
| | Terje Sørløkk | 18:46 28 | 01:16 | 59:39 39 | 05:13 | 4 |
| | Hans Petter Lykkja | 18:52 18 | 01:31 | 1:18:31 33 | 06:44 | 6 |
| 34 | Finnmark lag 1 | | | 1:18:35 | 06:48 | |
| | Thomas Rønnek | 19:57 35 | 01:52 | 19:57 35 | 01:52 | |
| | Torbjørn Hansen | 20:15 39 | 15:23 | 40:12 34 | 03:29 | 1 |
| | Rolf Terje Jakola | 19:10 39 | 01:40 | 59:22 34 | 04:56 | 0 |
| | Odd Helge Haugsnes | 19:13 30 | 01:52 | 1:18:35 34 | 06:48 | 0 |
| 35 | Hordaland lag 3 | | | 1:18:38 | 06:51 | |
| | Andeas Nordheim | 20:33 52 | 02:28 | 20:33 52 | 02:28 | |
| | Jon S. Bruvik | 20:24 45 | 15:32 | 40:57 45 | 04:14 | 7 |
| | Torstein Drivenes | 18:40 24 | 01:10 | 59:37 38 | 05:11 | 7 |
| | Lorentz Linde | 19:01 23 | 01:40 | 1:18:38 35 | 06:51 | 3 |
| 36 | Nordland lag 3 | | | 1:18:41 | 06:54 | |
| | Gøran Larsen | 19:58 36 | 01:53 | 19:58 36 | 01:53 | |
| | Tord Norum Larsen | 19:45 21 | 14:53 | 39:43 27 | 03:00 | 9 |
| | Martin Sagstuen | 19:53 57 | 02:23 | 59:36 37 | 05:10 | -10 |
| | Stian Sjonbotn | 19:05 24 | 01:44 | 1:18:41 36 | 06:54 | 1 |
| 37 | Akershus lag 6 | | | 1:18:43 | 06:56 | |
| | Håvard Vatn | 19:39 28 | 01:34 | 19:39 28 | 01:34 | |
| | Nils Sælen | 20:05 30 | 15:13 | 39:44 28 | 03:01 | 0 |
| | Kristian Holtberget | 18:55 32 | 01:25 | 58:39 30 | 04:13 | -2 |
| | Jørgen Sugar | 20:04 49 | 02:43 | 1:18:43 37 | 06:56 | -7 |
| 38 | Vestfold lag 2 | | | 1:18:45 | 06:58 | |
| | Eirik Walterdal | 19:22 22 | 01:17 | 19:22 22 | 01:17 | |
| | Sindre Stokke | 20:22 44 | 15:30 | 39:44 28 | 03:01 | -6 |
| | Peter S Nilsen | 19:14 40 | 01:44 | 58:58 33 | 04:32 | -5 |
| | Kristoffer Nikolaisen | 19:47 45 | 02:26 | 1:18:45 38 | 06:58 | -5 |
| 39 | Troms lag 1 | | | 1:18:49 | 07:02 | |
| | Magnus S. Bjørsvik | 20:59 67 | 02:54 | 20:59 67 | 02:54 | |
| | Cato J Stagnes | 19:59 27 | 15:07 | 40:58 46 | 04:15 | 21 |
| | Sivert Sareussen | 18:42 25 | 01:12 | 59:40 40 | 05:14 | 6 |
| | Jørgen Tande | 19:09 27 | 01:48 | 1:18:49 39 | 07:02 | 1 |
| 40 | Akershus lag 7 | | | 1:19:19 | 07:32 | |
| | Erik Haugli | 19:56 34 | 01:51 | 19:56 34 | 01:51 | |
| | Ola G Johannesen | 20:18 41 | 15:26 | 40:14 36 | 03:31 | -2 |
| | Sven Danielsen | 19:14 40 | 01:44 | 59:28 35 | 05:02 | 1 |
| | Kjetil Myrvold | 19:51 46 | 02:30 | 1:19:19 40 | 07:32 | -5 |

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| 41 | Oppland lag 7 | | | 1:19:24 | 07:37 | |
| | Stian Ekern | 20:36 55 | 02:31 | 20:36 55 | 02:31 | |
| | Stein Arve Skjaker | 19:38 19 | 14:46 | 40:14 36 | 03:31 | 19 |
| | Jo Myroldhaug | 19:35 49 | 02:05 | 59:49 41 | 05:23 | -5 |
| | Lars H Bakke | 19:35 39 | 02:14 | 1:19:24 41 | 07:37 | 0 |
| 42 | Finnmark lag 2 | | | 1:19:40 | 07:53 | |
| | Jørgen Wickstrøm | 26:23 84 | 08:18 | 26:23 84 | 08:18 | |
| | Edvard Hansen | 14:56 2 | 10:04 | 41:19 55 | 04:36 | 29 |
| | Erlend S. Sætre | 18:52 31 | 01:22 | 1:00:11 45 | 05:45 | 10 |
| | Daniel Strand | 19:29 37 | 02:08 | 1:19:40 42 | 07:53 | 3 |
| 43 | Hedmark lag 3 | | | 1:19:44 | 07:57 | |
| | Dag A. Langli Bjørnstad | 20:24 47 | 02:19 | 20:24 47 | 02:19 | |
| | Lars A Toftegaard | 20:49 51 | 15:57 | 41:13 51 | 04:30 | -4 |
| | Torgeir Mikkelsen | 19:25 45 | 01:55 | 1:00:38 49 | 06:12 | 2 |
| | Trond E Løkkebakken | 19:06 26 | 01:45 | 1:19:44 43 | 07:57 | 6 |
| 44 | Akershus lag 5 | | | 1:20:13 | 08:26 | |
| | Henrik Arnesen | 20:04 38 | 01:59 | 20:04 38 | 01:59 | |
| | Michael Wik | 20:08 33 | 15:16 | 40:12 34 | 03:29 | 4 |
| | Hans Fredrik Braten | 19:17 42 | 01:47 | 59:29 36 | 05:03 | -2 |
| | Steffen Gjerald | 20:44 66 | 03:23 | 1:20:13 44 | 08:26 | -8 |
| 45 | Nordland lag 4 | | | 1:20:23 | 08:36 | |
| | Jimmy Fjelldalselv | 20:16 44 | 02:11 | 20:16 44 | 02:11 | |
| | Jimmy Solvoll | 20:53 52 | 16:01 | 41:09 49 | 04:26 | -5 |
| | Tore Karlsen | 19:04 37 | 01:34 | 1:00:13 46 | 05:47 | 3 |
| | John R. Knoph | 20:10 53 | 02:49 | 1:20:23 45 | 08:36 | 1 |
| 46 | Oppland lag 8 | | | 1:20:24 | 08:37 | |
| | Bent Ola Dambråten | 19:41 30 | 01:36 | 19:41 30 | 01:36 | |
| | Stian Wadahl | 21:04 57 | 16:12 | 40:45 42 | 04:02 | -12 |
| | Erlend Sveipe | 19:34 48 | 02:04 | 1:00:19 47 | 05:53 | -5 |
| | Christian Skaarud | 20:05 50 | 02:44 | 1:20:24 46 | 08:37 | 1 |
| 47 | Nord-Trøndelag lag 4 | | | 1:20:25 | 08:38 | |
| | Einar J Mørkved | 20:10 42 | 02:05 | 20:10 42 | 02:05 | |
| | Vegard Saursaunet | 20:34 48 | 15:42 | 40:44 41 | 04:01 | 1 |
| | Tor Erik Bærstad | 19:06 38 | 01:36 | 59:50 42 | 05:24 | -1 |
| | Harald Anzjøn | 20:35 63 | 03:14 | 1:20:25 47 | 08:38 | -5 |
| 48 | Oslo lag 7 | | | 1:20:33 | 08:46 | |
| | Kristian Leind | 20:59 67 | 02:54 | 20:59 67 | 02:54 | |
| | Øystein Rodem | 20:09 35 | 15:17 | 41:08 48 | 04:25 | 19 |
| | Tord Astad | 18:55 32 | 01:25 | 1:00:03 44 | 05:37 | 4 |
| | Nicolas Werenskjold | 20:30 58 | 03:09 | 1:20:33 48 | 08:46 | -4 |
| 49 | Buskerud lag 3 | | | 1:20:37 | 08:50 | |
| | Fredrik D Haug | 20:51 63 | 02:46 | 20:51 63 | 02:46 | |
| | Gjermund Bolstad | 20:27 46 | 15:35 | 41:18 54 | 04:35 | 9 |
| | Stefan Engstrøm | 19:23 44 | 01:53 | 1:00:41 50 | 06:15 | 4 |
| | Per W Lauvli | 19:56 47 | 02:35 | 1:20:37 49 | 08:50 | 1 |
| 49 | Oslo lag 8 | | | 1:20:37 | 08:50 | |
| | Knut A Solheim | 20:06 40 | 02:01 | 20:06 40 | 02:01 | |
| | Petter Kaarby | 21:05 58 | 16:13 | 41:11 50 | 04:28 | -10 |
| | Lars C Unger | 19:46 53 | 02:16 | 1:00:57 51 | 06:31 | -1 |
| | Joakim Levorsen | 19:40 41 | 02:19 | 1:20:37 49 | 08:50 | 2 |

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|-----------|-------------------------------|----------|-------|----------------|--------------|-----|
| 51 | Hedmark lag 4 | | | 1:20:55 | 09:08 | |
| | Arne Østvold | 20:12 43 | 02:07 | 20:12 43 | 02:07 | |
| | Simen Smestad | 21:49 75 | 16:57 | 42:01 60 | 05:18 | -17 |
| | Magnus Kolstad | 19:20 43 | 01:50 | 1:01:21 53 | 06:55 | 7 |
| | Bersvend Støen | 19:34 38 | 02:13 | 1:20:55 51 | 09:08 | 2 |
| 52 | Rogaland lag 1 | | | 1:21:12 | 09:25 | |
| | Stian Haugland | 20:31 51 | 02:26 | 20:31 51 | 02:26 | |
| | Erik Gjestdal | 21:17 62 | 16:25 | 41:48 59 | 05:05 | -8 |
| | Bjørn Sundvor | 20:10 63 | 02:40 | 1:01:58 57 | 07:32 | 2 |
| | Frank Heggebø | 19:14 32 | 01:53 | 1:21:12 52 | 09:25 | 5 |
| 53 | Vest-agder lag 1 | | | 1:21:13 | 09:26 | |
| | Audun B Nilsen | 19:18 18 | 01:13 | 19:18 18 | 01:13 | |
| | Odd I Urdal | 19:23 15 | 14:31 | 38:41 13 | 01:58 | 5 |
| | Per- Ivar Waage | 21:16 78 | 03:46 | 59:57 43 | 05:31 | -30 |
| | Tormod Haraldsted | 21:16 75 | 03:55 | 1:21:13 53 | 09:26 | -10 |
| 54 | Vestfold lag 3 | | | 1:21:34 | 09:47 | |
| | Ove Sollie | 20:46 60 | 02:41 | 20:46 60 | 02:41 | |
| | Stig Moland | 20:35 49 | 15:43 | 41:21 56 | 04:38 | 4 |
| | Audun Fredriksen | 20:48 75 | 03:18 | 1:02:09 59 | 07:43 | -3 |
| | Andreas Tjølsen | 19:25 35 | 02:04 | 1:21:34 54 | 09:47 | 5 |
| 55 | Oppland lag 9 | | | 1:21:39 | 09:52 | |
| | Jens Bjertnes | 20:16 44 | 02:11 | 20:16 44 | 02:11 | |
| | Ole Anders Løvbrøtte | 21:00 56 | 16:08 | 41:16 52 | 04:33 | -8 |
| | Hallgrim Rogn | 20:14 64 | 02:44 | 1:01:30 55 | 07:04 | -3 |
| | Henning Offigstad | 20:09 52 | 02:48 | 1:21:39 55 | 09:52 | 0 |
| 56 | Møre&Romsdal lag 2 | | | 1:21:55 | 10:08 | |
| | Ivar Håkon Søråas | 19:45 32 | 01:40 | 19:45 32 | 01:40 | |
| | Eilif K Skjæret | 21:19 63 | 16:27 | 41:04 47 | 04:21 | -15 |
| | Tore Sannes | 20:23 70 | 02:53 | 1:01:27 54 | 07:01 | -7 |
| | Jon Inge Sponås | 20:28 57 | 03:07 | 1:21:55 56 | 10:08 | -2 |
| 57 | Telemark lag 2 | | | 1:21:57 | 10:10 | |
| | Olav A. Bjøen | 20:06 40 | 02:01 | 20:06 40 | 02:01 | |
| | Erik Gjømte | 20:47 50 | 15:55 | 40:53 43 | 04:10 | -3 |
| | Magnus Ødegården | 19:26 46 | 01:56 | 1:00:19 47 | 05:53 | -4 |
| | Christoffer Moen | 21:38 78 | 04:17 | 1:21:57 57 | 10:10 | -10 |
| 58 | Nord-Trøndelag lag 5 | | | 1:22:16 | 10:29 | |
| | Kent Ove Claussen | 20:24 47 | 02:19 | 20:24 47 | 02:19 | |
| | Ståle Sivertsen | 20:53 52 | 16:01 | 41:17 53 | 04:34 | -6 |
| | Torbjørn Ekle | 20:23 70 | 02:53 | 1:01:40 56 | 07:14 | -3 |
| | Thomas Valan | 20:36 64 | 03:15 | 1:22:16 58 | 10:29 | -2 |
| 59 | Sør-Trøndelag lag 4 | | | 1:22:18 | 10:31 | |
| | Åsmund A. Nåvik | 20:41 57 | 02:36 | 20:41 57 | 02:36 | |
| | Rune Sandøy | 21:23 67 | 16:31 | 42:04 62 | 05:21 | -5 |
| | Martin Myhre | 20:08 62 | 02:38 | 1:02:12 60 | 07:46 | 2 |
| | Mats Hval | 20:06 51 | 02:45 | 1:22:18 59 | 10:31 | 1 |
| 60 | Troms lag 2 | | | 1:22:37 | 10:50 | |
| | Ole Pedersen | 21:18 70 | 03:13 | 21:18 70 | 03:13 | |
| | Per Arne Øyer | 21:29 69 | 16:37 | 42:47 68 | 06:04 | 2 |
| | Anders Hoff | 19:50 54 | 02:20 | 1:02:37 65 | 08:11 | 3 |
| | Stian Hansson | 20:00 48 | 02:39 | 1:22:37 60 | 10:50 | 5 |

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|-----------|--------------------------------|----------|-------|----------------|--------------|-----|
| 61 | Akershus lag 8 | | | 1:22:52 | 11:05 | |
| | Simen Rustad | 21:32 73 | 03:27 | 21:32 73 | 03:27 | |
| | Tor Håkon Magnerud | 21:05 58 | 16:13 | 42:37 66 | 05:54 | 7 |
| | Jon Henriksen | 19:39 50 | 02:09 | 1:02:16 61 | 07:50 | 5 |
| | Ulrik Ytterstad | 20:36 64 | 03:15 | 1:22:52 61 | 11:05 | 0 |
| 62 | Østfold lag 2 | | | 1:23:05 | 11:18 | |
| | Erik V. Hattestad | 22:18 80 | 04:13 | 22:18 80 | 04:13 | |
| | Karl Martin Høie | 21:14 61 | 16:22 | 43:32 78 | 06:49 | 2 |
| | Ole J. Martinsen | 19:52 55 | 02:22 | 1:03:24 70 | 08:58 | 8 |
| | Thorstein Molte | 19:41 42 | 02:20 | 1:23:05 62 | 11:18 | 8 |
| 63 | Sogn&Fjordane lag 2 | | | 1:23:10 | 11:23 | |
| | Bjarte Haugen | 22:13 78 | 04:08 | 22:13 78 | 04:08 | |
| | Per Øystein Hansen | 19:50 23 | 14:58 | 42:03 61 | 05:20 | 17 |
| | Svein Arne Haugen | 20:56 76 | 03:26 | 1:02:59 67 | 08:33 | -6 |
| | Gjermund Høgheim | 20:11 54 | 02:50 | 1:23:10 63 | 11:23 | 4 |
| 64 | Akershus lag 9 | | | 1:23:17 | 11:30 | |
| | Marius Coucheron | 20:30 50 | 02:25 | 20:30 50 | 02:25 | |
| | Lars Erik Andersen | 20:56 55 | 16:04 | 41:26 57 | 04:43 | -7 |
| | Henrik Natvig | 19:44 52 | 02:14 | 1:01:10 52 | 06:44 | 5 |
| | Andre Nilsson | 22:07 82 | 04:46 | 1:23:17 64 | 11:30 | -12 |
| 65 | Oppland lag 10 | | | 1:23:23 | 11:36 | |
| | Øyvind Haslie | 20:36 55 | 02:31 | 20:36 55 | 02:31 | |
| | Simen Bjørstad | 21:28 68 | 16:36 | 42:04 62 | 05:21 | -7 |
| | Jarle Storebergene | 20:21 69 | 02:51 | 1:02:25 62 | 07:59 | 0 |
| | Terje Dalby | 20:58 69 | 03:37 | 1:23:23 65 | 11:36 | -3 |
| 66 | Oslo lag 4 | | | 1:23:33 | 11:46 | |
| | Lasse Söberg | 21:41 76 | 03:36 | 21:41 76 | 03:36 | |
| | Mats Ringerike | 21:19 63 | 16:27 | 43:00 70 | 06:17 | 6 |
| | Morten Nytvedt | 20:00 61 | 02:30 | 1:03:00 68 | 08:34 | 2 |
| | Eyvind M Norseng | 20:33 61 | 03:12 | 1:23:33 66 | 11:46 | 2 |
| 67 | Nord-Trøndelag lag 6 | | | 1:23:47 | 12:00 | |
| | Marius Tingstad | 21:27 72 | 03:22 | 21:27 72 | 03:22 | |
| | Lars Erik Indermo | 21:22 66 | 16:30 | 42:49 69 | 06:06 | 3 |
| | Roar Sivertsen | 19:43 51 | 02:13 | 1:02:32 63 | 08:06 | 6 |
| | Anders O. Fossum | 21:15 73 | 03:54 | 1:23:47 67 | 12:00 | -4 |
| 68 | Hedmark lag 5 | | | 1:23:52 | 12:05 | |
| | Eirik Messelt | 20:49 61 | 02:44 | 20:49 61 | 02:44 | |
| | Ole Erik F Gjødtnet | 21:30 70 | 16:38 | 42:19 65 | 05:36 | -4 |
| | Steffen Paulsen | 20:18 66 | 02:48 | 1:02:37 65 | 08:11 | 0 |
| | Eirik Storslett | 21:15 73 | 03:54 | 1:23:52 68 | 12:05 | -3 |
| 69 | Buskerud lag 4 | | | 1:23:53 | 12:06 | |
| | Anders Bjerregaard | 20:27 49 | 02:22 | 20:27 49 | 02:22 | |
| | Sigbjørn Ytrehus | 21:43 73 | 16:51 | 42:10 64 | 05:27 | -15 |
| | Hans Erik Slokvik | 19:56 59 | 02:26 | 1:02:06 58 | 07:40 | 6 |
| | Anders Gunvaldsen | 21:47 80 | 04:26 | 1:23:53 69 | 12:06 | -11 |
| 70 | Sør-Trøndelag lag 5 | | | 1:24:07 | 12:20 | |
| | Ole J Sando | 20:59 67 | 02:54 | 20:59 67 | 02:54 | |
| | Atle Meistad | 22:10 79 | 17:18 | 43:09 72 | 06:26 | -5 |
| | Jon Inge Lo | 20:25 72 | 02:55 | 1:03:34 71 | 09:08 | 1 |
| | Espen Værnes | 20:33 61 | 03:12 | 1:24:07 70 | 12:20 | 1 |

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|-----------|----------------------------|----------|-------|----------------|--------------|-----|
| 81 | Oppland lag 11 | | | 1:26:48 | 15:01 | |
| | Anders Engelund | 23:20 83 | 05:15 | 23:20 83 | 05:15 | |
| | Ole K Bleken | 21:55 77 | 17:03 | 45:15 86 | 08:32 | -3 |
| | Torbjørn Høitomt | 20:43 73 | 03:13 | 1:05:58 83 | 11:32 | 3 |
| | Rune Andre Bjørnerud | 20:50 67 | 03:29 | 1:26:48 81 | 15:01 | 2 |
| 82 | Oslo lag 6 | | | 1:27:23 | 15:36 | |
| | Henrik Kvissel | 28:42 85 | 10:37 | 28:42 85 | 10:37 | |
| | Øystein Sundelin | 15:07 3 | 10:15 | 43:49 80 | 07:06 | 5 |
| | Knut Petter Aastebøl | 21:31 81 | 04:01 | 1:05:20 81 | 10:54 | -1 |
| | Lasse Echa | 22:03 81 | 04:42 | 1:27:23 82 | 15:36 | -1 |
| 83 | Hedmark lag 6 | | | 1:27:41 | 15:54 | |
| | Ole Martin Snesrud | 21:41 76 | 03:36 | 21:41 76 | 03:36 | |
| | Jens K. Haug | 22:58 84 | 18:06 | 44:39 82 | 07:56 | -6 |
| | Henrik Johnsen | 20:18 66 | 02:48 | 1:04:57 78 | 10:31 | 4 |
| | Anders G Aasen | 22:44 83 | 05:23 | 1:27:41 83 | 15:54 | -5 |
| 84 | Oslo lag 9 | | | 1:27:48 | 16:01 | |
| | Christian F Johansen | 22:13 78 | 04:08 | 22:13 78 | 04:08 | |
| | Lars C. Huth | 22:39 82 | 17:47 | 44:52 83 | 08:09 | -5 |
| | Sverre W. Kaas | 22:30 83 | 05:00 | 1:07:22 84 | 12:56 | -1 |
| | Martin G. Iren | 20:26 56 | 03:05 | 1:27:48 84 | 16:01 | 0 |
| 85 | Buskerud lag 5 | | | 1:28:34 | 16:47 | |
| | Jakob E. Jakobsen | 20:22 46 | 02:17 | 20:22 46 | 02:17 | |
| | Anners J. Pleyrn | 23:05 85 | 18:13 | 43:27 76 | 06:44 | -30 |
| | Erik Sjøe | 21:06 77 | 03:36 | 1:04:33 76 | 10:07 | 0 |
| | Martin Johnstad | 24:01 85 | 06:40 | 1:28:34 85 | 16:47 | -9 |
| | Sør-Trøndelag lag 7 | | | | | |
| | Jørgen Sæther | 20:53 65 | 02:48 | 20:53 65 | 02:48 | |
| | Kristoffer Moan | 22:18 80 | 17:26 | 43:11 74 | 06:28 | -9 |